



Our Mission:

The purpose of the Back Mountain Youth Soccer Association is to teach and promote soccer in the Back Mountain Area.

Our objectives are to contribute to the positive physical, mental, and social development of all youths aged 6-19 through constructive suggestion, encouragement, and praise.

We are committed to teaching attitudes of fair play, good sportsmanship, and social interaction.

We will fulfill our objectives through adult/parent participation as coaches, referees, and supportive fans.

Our consistently positive attitude will motivate our players to excel.

By keeping our purpose and objectives in mind we will have another successful season.

Coaches: maps to our fields plus much more can be found at www.backmtnsc.org.

Should you have any questions or problems, contact your commissioner.... we are here to support you!

Thanks for your help, your community spirit, & your time... enjoy your season!

BMYSA INTRAMURAL RULES

COACH AND TEAM SELECTION

Registration will be held each year in April. At this time sponsors, coaches and referees will be solicited.

Commissioners will receive player breakdowns in June. At this time they will assemble and confirm teams and coaches.

Teams will be approved by the board or their designees in July. Upon approval coaches will receive their packets no later than July 31st.

Coaches will be responsible for contacting team members and arranging practices.

SEASON

Practice may begin August 1st. Players will be contacted on or after this date by their respective coaches. Practice before August 1st is prohibited.

There will be a maximum of three team meetings per week (Sunday through Saturday). This includes all games and practices.

EQUIPMENT

Shin guards are mandatory at all practices and games. During League games socks must cover shin guards and shirts must be tucked in.

Cleats with toe spikes (such as baseball cleats) are not allowed.

Ball Sizes:

U-5 through U-8 will use a size 3 ball.

U-9 through U-12 will use a size 4 ball.

U-13 and up will use a size 5 ball.

All players must have numbered jerseys with no duplicate numbers

Goalkeeper must wear a different color shirt than either team.

All other equipment such as practice balls, spikes, etc. will be optional.

ROSTERS

Team Roster-U7 & U8 will carry a maximum roster of (9) eight players and field four (4) players.

Team Roster-U9 & U10 will carry a maximum roster of (12) twelve players and field **seven (7)** players.

Team Roster-U11 & U12 will carry a maximum roster of (16) sixteen players and field nine (9) players.

U-13 and older will carry a maximum roster of (18) eighteen players and field (9) nine players.

GAME RULES

(All rules are derived from FIFA LAWS OF THE GAME except as noted below)

GAME LENGTH

U6 & U7 & U8: 8 minute quarters/ 32 minute match.

U9 & U10: **25 minute halves/ 50 minute match.**

U11 & U12: **30 minute halves/60 minute match.**

U13 & UP: 35 minute halves/ 70 minute match.

Teams will have a 2 minute break at the end of the 1st and 3rd quarters to make substitutions.

Teams will have a 5 minutes half time break.

Teams not on the field and not ready to resume play at the end of these intervals will be penalized with an Indirect free kick from the center spot.

STARTS AND RESTARTS

Place kick/Free kick- U-8, U-10 Divisions- on the place kick (kickoff) and the free kick all opposing players must be at least six (6) yards from the ball. The ball must be touched and moved to be in play. Kick off may go in any direction. (backwards)

Heading – Intentional heading is a foul for players U12 and under. If the offensive team intentionally heads the ball, the opposing team will receive an indirect kick at the point where the heading took place. If the foul occurs in the defensive penalty box an indirect free kick shall be awarded at a point nearest the foul outside the penalty box.

Slide tackle – will not be allowed in any age groups.

Throw in – u-7 & U-8 Division- in case of an improper throw the player will be instructed in the proper method of a throw in, after which he/she will be allowed a second chance to complete the throw.

Other divisions receive only one chance. At the discretion of the referee.

Penalty Kicks- (U-6 thru U -8) all kicks are indirect. (Note: the field markings will be a goal box only, there is no penalty area marked.) U-10 and above will use both direct and indirect kicks. Any direct kick foul committed inside the penalty area will result in a penalty kick.

Offside- U-8 and below- The offside rule will not be enforced. It will be the coach's responsibility to instruct players on this rule. Offside positioning should not be used to gain advantage during the game and players should not be placed in such positions. (ie blatant -cherry-picking).

Break out Line- U9 & U10, When the goalkeeper has the ball in his or her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put into play. Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (**punts and drop kicks are not allowed**) After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal. The opposing team must also move behind the build out line prior to a goal kick and may only cross the build out line once the ball has left the penalty area;

The build out line will also be used to denote where offside offenses can be called.

For more details please refer to this video –
www.youtube.com/watch?v=sQ92KfiIwok

PLAYING TIME

Coaches will attempt to equalize playing time in each game for all players. Every player will play a minimum of two (2) quarters (or half) of each game he/she attends unless Injury prevents this.

Substitutions: substitutions can be made when the ball is out of play, (ie. throw in, a goal kick, corner kick, or after goal scored) with the referee's permission. In case of injury substitutions may be made at any time on a one for one basis with the referee's approval.

OFFICIATING

When possible a licensed FIFA Referee will be assigned to officiate games. Otherwise, people trained by the BMSA will be assigned to referee the match.

PROTEST

The referee will enforce the rules during the match. The referee's judgments are final. No protests will be allowed In the intramural program.

GAME CANCELLATION

WEATHER- in the case of extended inclement weather the league president or his designee will monitor the availability and conditions of the fields. He will pass on this information to the commissioners who will then inform the coaches of the situation. Each coach will be responsible to notify all his/her respective team members of delays or cancellations.

In case of deteriorating weather conditions just prior to or during the match the referee will make the final decision whether to start or continue the match.

Any games canceled because of weather will not be rescheduled.

Any fields that are taken out of play because of weather will also be closed for practice until coaches are notified by their commissioner.

No two coaches may cancel any game on their own!!

FORFEITURE

Any team not present and ready to play (15) fifteen minutes past the scheduled starting time will forfeit that match. The referee will call the match and inform the ref. assignor of the no-show.

Any team able to field the minimum number of players must start the match at the scheduled starting time.

CONDUCT

The head coach is responsible for the conduct of their coaching staff, players, and parents. He/she will demonstrate and enforce the spirit of fair play, sportsmanship, and gentlemanly conduct both on and off the field. Everyone needs to be aware of their role in the game- coach, player, referee, and fan. This will lead to a successful game and season for all.

GAME MISCONDUCT

Player- Any player sent off for a red card violation cannot be replaced for the remainder of the game. His team will play short. The offending player will incur a one match suspension (including makeup matches). However the team will be allowed to return to its full complement of players at the next game.

Coaches may also be issued yellow or red cards for misconduct.

PARENT MISCONDUCT

Parent misconduct will be handled with a warning to the Head Coach who will be responsible to warn the offending parents. If the misconduct persists, the referee will ask the offending parent(s) to leave the field area. Five (5) minutes will be given for the person(s) to withdraw, after which time the referee will abandon the game. Once abandoning the game the referee will make a detailed report to the Chief Referee who will in turn submit a report to the Board of Directors. The Board of Directors will decide either to reschedule the game or have the offending team forfeit. Some examples of parent misconduct are dissent, verbal abuse of team members, coaches, or officials, and entering the field of play (no one is allowed to enter the field of play without the permission of the referee).

MEETINGS

Coaches are required to attend a pre-season meeting and an end of the year election meeting.

SOCCER ENVIRONMENT

THE COACH

1. Treats own players, parents and opponents with respect.
2. Teaches and inspires soccer players to love the game and the desire to compete fairly.
3. Is the type of person he/she wants the players to be.
4. Has control and discipline at all times.
5. Respects the judgment and interpretation of the rules by the officials.
6. Realizes that he/she is a teacher-coach and therefore understands the game and proper soccer behavior at all times.

THE PLAYER

1. Treats opponents with respect.
2. Plays hard, but plays within the rules of the game of soccer.
3. Demonstrates self control.
4. Respects officials and accepts their decisions without gesture or argument
5. Wins without boasting, loses without excuses, and never quits.
6. Remembers that it is a privilege to represent his/her soccer club and his /her community.

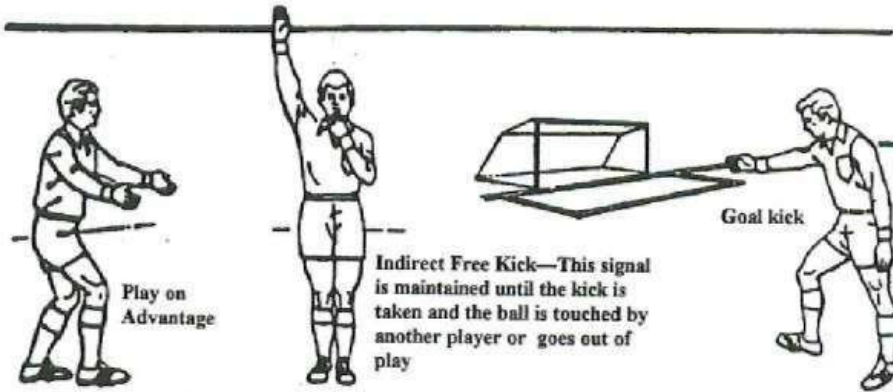
THE OFFICIAL

1. Know the rules and understands the game.
2. Places health and welfare of the players above all the considerations.
3. Treats players and coaches courteously and demands the same from them.
4. Works cooperatively with fellow official linesmen.
5. Is fair and firm in all decision on the field.
6. Maintains confidence, poise and self control from start to finish of the game

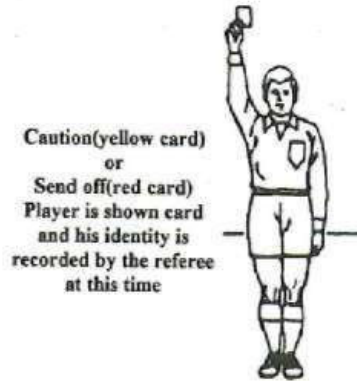
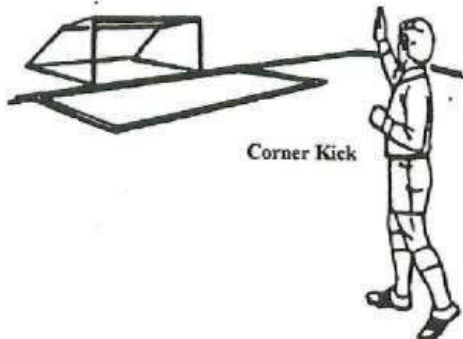
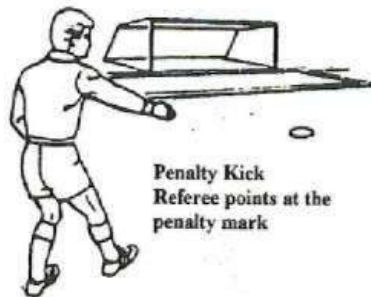
THE PARENTS

1. Do not coach the team players, including your own youngster, from the sidelines during the game.
2. Respect the judgment of the referee and do not criticize the officials.
3. Supportive parents focus on mastering soccer skills, knowledge and to some extent game strategies.
4. Refrain from pressuring the child to win.
5. Believe that soccer's primary value is to allow youth the opportunity for self-development.
6. Parents must understand the risks. A soccer game is full of mistakes and the team that makes the least mistakes wins the game. Playing soccer is a willingness to chance a failure.
7. Parents must understand and respect the differences between parental roles and soccer coaching roles. Leave the coaching to the coach. Do not coach "over the shoulder" or publicly question the coach's decision.
8. Parents should control negative emotions and think positively.
9. Parents must show empathy for the young soccer player. Example: "Yes, it will be a tough game today. Let me help you get ready."

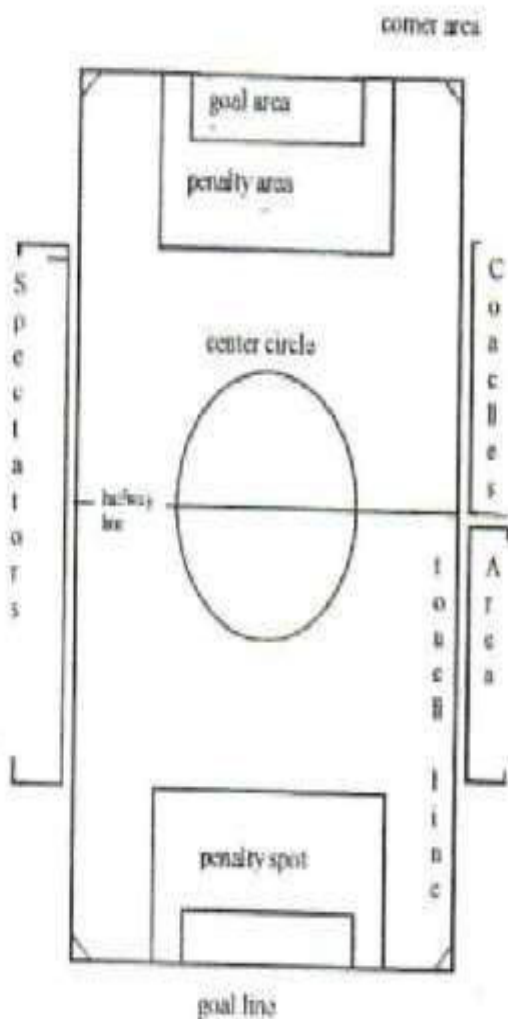
Signals by the Referee



Referee signals that he is using the advantage clause



Field Markings



More information on field and markings can be found on pages 8 and 9.

Coaches Area

will be a minimum of one yard away from the touch line

will extend from the halfway line down the touch line twice the radius of the center circle.

teams will remain in their respective area during the match

this area is limited to two coaches per team

Spectator Area

minimum of one yard from the touch line on the opposite side of the field from the coaches area

may extend from the top of the penalty area at each end of the field

coaches will be responsible to inform parents/spectators use this area

coaching from the spectators area is prohibited although cheering your team is encouraged